
Practicing Sabbath

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NEPC SERMON SERIES
SUNDAY, JANUARY 7, 2024

Sermon Title: “Practicing Sabbath: Introduction”
(#1 in the Sermon Series)

Scripture text: Deuteronomy 5:12-15

Main Points:

1. 9 or 10?
2. What’s the Context?
3. Burden or Gift?



Questions:

1. **Ice Breaker Question** – Name your favorite outdated piece of technology (like a Walkman). What did you love about it?
2. **Transition Question** – Is the 4th commandment an outdated part of the lives of God’s people, something that applied only to His people before Christ’s resurrection?
3. **Observation Question** – How is the 4th commandment presented differently in Exodus 20 and Deuteronomy 5?
4. **Interpretation Question** – Why is the context of the Pentateuch (the first 5 books of the Bible, all delivered to Moses) so important to understanding the 10 commandments?
5. **Reflection Question** – Do most Sundays feel like a gift or a burden? Why do y
6. **Application Question** – Where and how can your observance and delight in the Sabbath grow?