
Practicing Sabbath
REV. JOSH DESCH
NEPC SERMON SERIES
SUNDAY, FEBRUARY 4, 2024

Sermon Title: “Practicing Sabbath: Mercy”
(#5 in the Sermon Series)

Scripture text: Mark 3:1-6

Main Points:

1. What the Pharisees Got _____
2. How the _____ Moves Us to Mercy
3. _____ Ends and Lingered _____



Questions:

1. **Ice Breaker Question** – Think of a time when someone showed you mercy. What were the details of your situation and how were you shown mercy?
2. **Transition Question** – How can meditating on the gospel help us to show mercy?
3. **Observation Question** – Why do you think Jesus didn't wait to heal the man with the withered hand until the day after the Sabbath? What can we learn from that?
4. **Reflection Question #1** – How can we show mercy to others in our church and in our community? Try to give some real world examples.
5. **Reflection Question #2** – Do you think this sermon series will change what you do on Sundays at all? Why or why not?
6. **Application Question** – What are some concrete ways you can grow in your understanding and experience of the Christian Sabbath?