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SUMMER PSALTER  
REV. JEFFREY DILLARD  
NEPC SERMON SERIES  
SUNDAY, JUNE 9, 2024

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**Sermon Title:** “The Only Way to Real Rest”  
(#3 in the Sermon Series)



**Scripture text:** Psalm 127

**Outline:**

1. We Can Do Great Works God Will Not Bless
  - a. Houses, cities and jobs can be great works
  - b. But any work out of pride or fear excludes God
2. Only God’s Good Works Bring Real Rest
  - a. God gives rest to his beloved, not simply the lovely
  - b. Neither is our hope for rest found in our family
    - i. God’s work creates physical children
    - ii. His work creates spiritual children, too
  - c. God’s people ascended to his city and house
  - d. Deut 16:16-17 reminded them and us of His work
    - i. Passover pictured God as our source of rest
    - ii. Pentecost pictured God as our goal of rest
    - iii. Booths pictured God as our means of rest
  - e. Yet, Jesus warns us of enemies (John 15:20)
  - f. So, what good work must we do? (John 6:28-29)
3. There is a New Testament Equivalent to Psalm 127

**Questions:**

1. Do you agree or disagree that resting in Christ is a central theme of God’s Word? Explain your response from passages other than those referenced in the sermon.
2. What are some specific ways and reasons even believers are often tempted to find rest in doing something great rather than delighting in the One who is good?
3. In what situations are you most tempted to work out of pride? Out of fear?
4. Which sub-point in verses 2b-5 was especially helpful to your resting in Christ? Explain your thinking...and, if you’re willing, reveal more of your heart.
5. Which sub-point in verses 2b-5 was especially convicting for your repentance to turn from resting in some great work? Again, explain your thinking and more.
6. What are some practical ways that our work under Jesus’ yoke brings real rest?