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SUMMER PSALTER  
REV. ERIC WALTER  
NEPC SERMON SERIES  
SUNDAY, JULY 21, 2024

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**Sermon Title:** “In the Midst of a Muddy Mire”  
(#9 in the Sermon Series)

**Scripture text:** Psalm 40

**Outline:**

1. God’s Deliverance (1-3)
2. God’s Goodness (4-10)
3. A Prayer for God’s Help (11-17)



**Questions:**

1. What are common “pits” that people get mired in today? What do you think is the most dangerous pit (i.e. the worst)?
2. David writes about waiting *patiently* for the LORD – why is that so hard for us to do? What is another way to understand the Hebrew word that is translated “patiently?”
3. Do you think our society has become more pessimistic over the last 50 years? What is the danger for Christians who adopt such a view of life? How can we resist such a temptation?
4. David writes about God not wanting our sacrifices and offerings in verse 6; what does He want from us? Eric used two words, what were they and would you use additional words?
5. Do you get why part of the Psalm (verses 6-7) are considered to be messianic? (see Heb. 10:5-10)
6. What is that we are to do in the midst of a muddy mire? What do you think the point of the sermon is? Why is Psalm 40 included in the Bible?