
SUMMER PSALTER
REV. JOSH DESCH
NEPC SERMON SERIES
SUNDAY, AUGUST 4, 2024

Sermon Title: “The Blessing and the Bruise”

Scripture text: Genesis 32:22-32

Outline:

1. Esau Is Coming!
2. Only God Can Save Us
3. But Not How We Think

Questions:

1. What is the meaning of the name “Jacob”? What does his name tell us about his character?
2. Why was Jacob afraid of Esau?
3. Discuss the following quote from Old Testament scholar Derek Kidner. “Jacob emerged from this event 1) broken, 2) named and 3) blessed.”
4. Why is there no true blessing without the bruise?
5. Where are you right now in your life? Are you living in an “Esau moment”? Is Esau on the horizon? Or are you in place of peace, like after Jacob and Esau were reconciled?
6. What does it look like for you to “wrestle with God” like Jacob did?