
FRUIT OF THE SPIRIT
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NEPC SERMON SERIES
SUNDAY, OCTOBER 13, 2024

Sermon Title: “The Fruit of the Spirit: Self-Control”

Scripture text: Galatians 5:22-25

Outline:

1. What is it?
2. Where do we need it?
3. How can we get it?
4. Why does it matter?



Questions:

1. **Ice Breaker Question** — What’s one sweet or salty treat where you find it difficult to exercise self-control in regards to how much you eat?
2. **Transition Question** — Why do you think Paul put self-control at the end of this list of the fruits of the Spirit?
3. **Observation Question** — In 1 Peter 4:7 Peter mentions self-control and the ‘end of all things?’. What is the connection do you think Peter is making here?
4. **Reflection Question** — How does the world tell people to grow in self-control? Are the world’s methods all bad?
5. **Reflection Question** — How does the gift of the Holy Spirit enable us to have self-control in a special way that the world cannot offer us?
6. **Application Question** — Is there a besetting sin in your life that you would like to break free from? If so, how would you go about doing that? More importantly, are you willing to bring that sin into the light?